



**CULTIVATING THE SEEDS OF CHANGE ©**  
**Renée Canali, Life Coach Vol.3, Issue 7 July, 2006**  
**How to Move Bricks**

Throughout our lives we experience times when we feel as if we are against a brick wall. Sometimes we face it-as an obstacle. Sometimes we are backed into it, seemingly trapped with nowhere to go. Either way, the question is the same: Now what do I do?

How you proceed depends on how you define the problem. If you define it incorrectly, you will find yourself going in the wrong direction and wondering why you are not getting the results you want.

I recently met Jeff, a successful real estate investor, who was told in High School by his counselor, “You really do well at drawing, you could be an architect.” His father was in construction so he knew about buildings from one angle. He enjoyed drawing and he researched the salaries of top architects. He decided to pursue architectural drawing.

He went to 6 years of college and graduated with a degree and \$220,000 in student loans. He had no income, so he lived with his parents after graduation. He landed a job with a prestigious firm and began his career making \$24,000 a year. A few months into the job, he realized that although he liked drawing, he didn’t like working as an architect.

He is facing a brick wall. Jeff has a large student loan bill and a small salary. Building his career will take time, but he realizes he doesn’t want to be an architect. Does he stay at this firm anyway? Does he go to another firm? Does he start over and go back to school?

Jeff is facing a brick wall. If he defines the problem as something out of his control, he will be prevented from finding a solution. If he decides to believe the problem is that things are not going his way, his back is against the wall.

So, what is the solution?

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## GARDENER'S ACTION PLAN FOR JULY 2006 ©

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Redefine the problem and rearrange the bricks.

How do you go about redefining the problem that has you up against the brick wall in the garden of life?

Scott L. Taylor, author of [The Opportunity in Every Problem](#), suggests using a system he calls Resource Masterminding. This system pairs resources with inspiration and involves four steps:

1. Discover the real problem. If you decide to view your situation as a “problem”, the only solution is to engage your thinking in a direction that focuses on the hardships your situation is causing, which results in trying to maintain the situation and not resolve it. *To begin rearranging the garden wall, you need to see the problem as a solution: a solution that can evolve into an opportunity.*
2. Discover what resources could be available to resolve the problem. Viewing the daunting task of starting over again, you may be missing an opportunity on the fringes of your field. This is walking away from the problem. *If you look at this as an opportunity and research obscure jobs, network with people in your field, volunteer in your industry, you would discover available resources to guide you in a more focused direction.*
3. Condense and use the best resources on your list. Even though you could call forth your energy and sift through dozens of trade publications, you need to determine if this activity will be the best use of your time and energy. *Focus your energy on the resources that have the greatest potential for connecting you to people that are willing to help.*
4. Synergy- Being able to combine your resources to generate the synergy needed to create the opportunity. *Finding ways to help someone grow their business or improve their job standing may afford you the mentoring that will short circuit the learning curve and move you to the head of the line.*

Aren't you tired of hitting the brick wall? Are **you** ready to move your bricks? Take action today-choose the resource that will help you move your bricks:

-Grow your skills in networking in a 2 hour workshop or learn how to leverage networking in every day transactions in a 4 hour workshop.

-Develop an action mindset in a seminar where you discover that what you believe you achieve.

-Explore the power of leveraging change instead of resisting it during a 4 week teleclass.

-Discover ways of defining opportunity and creating synergy to move beyond the wall through the individualized guidance and support of one to one coaching.

For things to be different you have to cultivate change. If you are ready to change your habits and become more productive and satisfied take action and send an email to [Renee@landofpossibility.com](mailto:Renee@landofpossibility.com) or call (301) 279-2363. All rights reserved. This may be reproduced with copyright statement and credits intact.



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